Apps for Monitoring Device Usage

This article will look at harnessing technology to help us manage our children's (and perhaps our own) screen time. Simply by doing a search for 'apps for monitoring use' you can find a wealth of information and tools that will assist you to better manage time on devices and some even go so far as to provide filters so you can block/allow access to particular websites.

- 'Mobsafety Ranger' is one such app that can be used for both Apple & Android devices.

- Another one is 'Moment', which is for Apple devices only.

- Apple devices running the latest iOS can access 'Screen Time' where parents can view time spent on certain apps, as well as set limits for apps and curfews to ensure your child gets adequate rest.

There are many others, please let me know if you come across and/or use an app for monitoring use that we can share with the school community.

It is worth taking a moment to reflect on how much time your children are on screens and discuss with them how such an app may be of use to your family.

If you feel that such an app would be helpful, involve your children in the decision where possible and encourage them to do some research on which one will suit your family's needs.

Please don't hesitate to contact me if you have any questions or feedback – I would love to hear from you.

Alec Baroni
Technologies Co-ordinator